

Alma Primary Lunch Menu – Sept 26

Week	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	MAIN				
	Viennas & potatoes	Shawarma & rice	Spaghetti bolognaise	Chicken pie & wedges	Fish fingers & chips
	VEGETARIAN				
	Vegetarian sausages & mash	Vegetarian nuggets & rice	Vegetarian bolognaise	Falafel & pitta	Vegetarian schnitzel & chips
WEEK 2	MAIN				
	Schnitzel & rice	Sausage roll & roast potatoes	Spaghetti & meatballs	Chicken & rice	Pasta bake
	VEGETARIAN				
	Vegetarian strips & rice	Vegetarian sausage rolls & roast potatoes	Vegetarian meatballs & spaghetti	Falafel & pitta	Vegetarian nuggets & roast potatoes
Other daily option 1	Jacket Potato (plain, margarine, baked beans, tuna, sweetcorn)	Jacket Potato (plain, margarine, baked beans, tuna, sweetcorn)	Jacket Potato (plain, margarine, baked beans, tuna, sweetcorn)	Jacket Potato (plain, margarine, baked beans, tuna, sweetcorn)	Jacket Potato (plain, margarine, baked beans, tuna, sweetcorn)
Other daily option 2	Pasta (plain, tomato sauce, baked beans, tuna, sweetcorn)	Pasta (plain, tomato sauce, baked beans, tuna, sweetcorn)	Pasta (plain, tomato sauce, baked beans, tuna, sweetcorn)	Pasta (plain, tomato sauce, baked beans, tuna, sweetcorn)	Pasta (plain, tomato sauce, baked beans, tuna, sweetcorn)
Dessert	Fruit	Fruit	Wow Wednesday Surprise	Fruit	Fruit

Please note that from time to time our chef may have to make last minute changes, if the need arises.
 Changes from main to vegetarian, pasta or potato (and vice versa) must be made at the beginning of each half term.
Allergen alternatives are available for those requiring adjustments for medical reasons.