

Alma Primary, Lunch Menu

| Week | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|---|---|---|---|---|
| WEEK ONE | MAIN | | | | |
| | Sausage & mash | Chicken & sweetcorn pie | Lasagne | Roast turkey & roast potatoes with gravy | Fish fingers and chips |
| | VEGETARIAN | | | | |
| | Veg sausage & mash | Borekas | Vegetarian lasagne | Falafel in pitta bread | Veg nuggets and chips |
| | ALLERGEN | | | | |
| | GF Sausages & mash | Falafel, pitta, houmous | GF Pasta bolognaise | Roast turkey & roast potatoes | Falafel, pitta, houmous |
| WEEK TWO | MAIN | | | | |
| | Hot dog in roll with new potatoes | Chicken & rice | Shepherds pie | Roast chicken & roast potatoes with gravy | Veg schnitzel with mash |
| | VEGETARIAN | | | | |
| | Veg dog in a roll with new potatoes | Nuggets with Rice | Falafel in pitta | Soya roll with roast potatoes | Veg schnitzel and mash |
| | ALLERGEN | | | | |
| | Falafel, pitta, houmous | Chicken & rice | Shepherds pie | Roast chicken & roast potatoes | Pasta with tomato sauce |
| Pre-ordered alternative | Pasta & tomato sauce or Jacket potato (baked beans or tuna mayo) | Pasta & tomato sauce or Jacket potato (baked beans or tuna mayo) | Pasta & tomato sauce or Jacket potato (baked beans or tuna mayo) | Pasta & tomato sauce or Jacket potato (baked beans or tuna mayo) | Pasta & tomato sauce or Jacket potato (baked beans or tuna mayo) |
| Dessert | Fruit | Fruit | Wow Wednesday Surprise | Fruit | Fruit |

Available every day - Breads, Selection of Salads & Vegetables

Please note that from time to time our chef may have to make last minute changes, if the need arises.
Changes from main to vegetarian (or vice versa) or to pre-ordered options can only be made at the beginning of each half term.
The allergen alternative is specifically for those requiring adjustments for medical reasons.